Henk Stoffers 5km Timing Equipment Setup

- Layout Equipment as shown below. Connecting antennas to ports 1 & 4.
- Switch on Timing Box. Successful connection indicated by a '-' as shown below.
- At start gun Start big clock & **RECORD TIME ON BOX**. (eg 17:53:40)
- To start a runner early **RECORD NAME & TIME ON BOX.**
- Runners cross timing mat 3 times. At **start, start of second lap & finish**.



Equipment Layout.

Cone & Mat layout



Timing Box Connections

Successful Connections on Port 1&4 indicated with a '-'.

Equipment Required:

2 x Antenna Leads

1 x Timing Box 1 x Lino Mat

1 x Clock Battery

1 x Clock Stand 15 x Marker Cones